AI Harness Labs

FOR US BUSINESSES

Get an AI agent built for your business. It costs you nothing.

A trained intern builds it in 1 to 3 months, an AI mentor guides every step, and you keep the software. You bring a problem and about an hour a month for each intern.

What we do for you

We take one job that eats your time and turn it into a brief a trainee can finish in 1 to 3 months. A trained intern builds a working agent for it, from your own information, waiting for your approval where it matters.

- Sort a shared inbox and draft replies for review
- Follow up every web lead and chase open quotes
- Pull data out of invoices, forms and PDFs into your spreadsheet
- An internal assistant that answers from your own documents

How it works, in five steps

1. **Post a project, free.** Describe a problem in plain English. We call you within 2 working days to scope it.
2. **Take the 15-minute AI interview.** It asks about your business and proposes up to three AI projects. Approve the ones you want; each becomes a scoped brief. Nothing is matched until you approve it.
3. **Get matched with a trained intern.** Each has finished the course and had their own agent approved, and signs an NDA with you before seeing anything beyond the brief. Up to 5 at a time.
4. **Read the check-in and approve the work.** About an hour a month for each intern: read their weekly check-in and approve the work on your dashboard; an AI mentor guides them between check-ins. If something is going wrong, tell us and we step in.
5. **Keep the result.** You get the working agent, the code, a one-page handover and a walkthrough. Complete the internship with an honest written review.

Keep your intern

At completion, keep the person who built it on a monthly retainer: 30 hours per month for $750, maintenance included, new work scoped in writing, a backup from our bench, cancel monthly. We are your contracting party; the gateway rules stay.

What it costs

Nothing to post, nothing to install, and no placement fee, ever.

When you complete an internship with an honest written review of the intern's work, we pay you $50, by bank transfer or PayPal within 30 days. Per completed internship, not per head.

The fee pays for your time. We make no promise of income.

What you keep

You own what is delivered: the code, prompts, configuration, documentation and the running agent. Use it, change it or resell it. Hire the intern directly with no fee to us, or refer them to another business in one click with proof of their work attached.

The safety rails, in plain words

- **Approvals.** Every message that would leave your account waits for you. Approving it is your decision to send it.
- **Pause.** One button, Pause all, stops every agent on your business from its next request.
- **The log.** Every request the agent makes is recorded, including the refused ones. Nobody can edit or delete the record, us included.
- **No passwords shared.** You connect an account once; the intern's agent never sees the password, only a token you issue for the actions you tick.

What we ask of you

- Up to an hour a month for each intern: read their weekly check-in and approve the work on your dashboard.
- Clear answers when the intern asks what you need.
- At the end, an honest written review of the intern's work, and a short reference letter if it was good.

Next step

Post a project. Free. We call you within 2 working days.
aiharnesslabs.com/post-project

Paying for software every month? See the app you could own instead.
aiharnesslabs.com/build-instead

The first automation is never the last.

The terms are in the Business Agreement: aiharnesslabs.com/agreements/business